Sarah Reed Children's Center
Doctoral Internship in Health Services Psychology

**Program Data: Internship Program Data Tables** (Updated 7/31/18)
**Internship Training Manual** (Updated 05/21/19)

Sarah A. Reed Children's Center offers a 2000 hour doctoral Internship program in Health Services Psychology that is fully accredited by the American Psychological Association (apa.org). The internship funds three full-time training positions beginning in early August and lasting 12 months.

Sarah Reed Doctoral Internship provides a unique experience to doctoral students through a broad range of experiential and didactic training opportunities. The overarching aims of the Sarah Reed Children's Center Doctoral Internship in Professional Psychology are:

- **To support, facilitate, and guide the professional growth and development of interns to become competent, ethical, and responsible professional psychologists**

- **Ensure the development of broad and general knowledge, skills, and competencies, applicable to the areas of assessment, intervention, treatment, and consultation when working with children, adolescents, and families.**

- **Ensure that interns develop practical competency evaluating and using research relevant to the practice of child psychology and an opportunity to conduct applied programmatic research to inform practice at Sarah Reed Children's Center.**

- **Provide exposure to the knowledge base of supervision and to gain supervised experience in the practice of supervision**

Training is organized around a set of guided, sequential, and comprehensive experiential and didactic practices that support and promote the intern's readiness for increasingly autonomous practice. Didactic learning, direct/experiential clinical case practice, school- based practice, scholarly inquiry and research, role modeling, and consultation, in the context of an organized training program, provide interns with varied opportunities for developing intermediate to advanced skills in the profession-wide of competency areas as identified by the field of psychology. The development of these competencies is accomplished using the concepts of exposure, experience, and expertise, in the context of reflective practice and disciplined scientific inquiry.

We participate in the APPIC Matching Program and abide by the policies set forth by APPIC. For additional information or questions pertaining to Sarah A. Reed Children's Center Doctoral Internship Program in Professional Psychology, please contact the American Psychological Association's Office of Program Consultation and Accreditation at
750 First Street, NE Washington, D.C. 20002-4242 or telephone (202)336-5979 or fax to (202) 336-5978. The website is www.apa.org/ed/accreditation

Sarah A. Reed Children’s Center is a private, non-profit mental health agency for children and adolescents ages 3-18 years with emotional, behavioral and psychiatric difficulties. It is accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO)

**If you have any additional questions, please contact:**

**Eric Schwartz, Psy.D., ABPP**  
Board Certified in Clinical Child and Adolescent Psychology  
Vice President- Clinical Services  
Director of Psychology Internship Training  
eschwartz@sarahreed.org

**Application Due Date: November 11, 2018**
Internship Mission and Model

The mission of the doctoral psychology internship at Sarah A. Reed Children's Center is to prepare students through training, practice, scholarly inquiry, and role modeling for entry into the field of Health Services Psychology. The internship has a commitment to train psychology interns to act competently, respectfully, ethically and with integrity, providing a broad array of psychological services to children, adolescents, and their families.

The program model of training is practitioner/scholar/scientist. The model integrates concepts from other models of training including the Local Clinical Scientist model and the Reflective Practitioner model. Professional competence, mastery, critical thinking, and identity are nurtured and consolidated through regular and formal supervised clinical practice, didactic training, scholarly inquiry, research, and the opportunity to work with professionals in a multidisciplinary model. In a coordinated, organized, cumulative and graded manner, interns are able to assume increasingly major clinical responsibilities with appropriate supervisory direction, guidance, role modeling, and support.

The Vice President of Clinical Services and Director of Psychology Internship Training along with the Internship Training Committee and Internship Advisory Council is directly responsible for the integrity and quality of the internship program. Training is designed to provide multiple opportunities for the translation of theory, knowledge, and scientific inquiry into “real world” practice. Specifically, we believe that psychological practice should be guided by psychological science translated and adapted to complex clinical and educational settings. A practitioner who uses disciplined scientific inquiry and reflective practice should be capable of case formulation, critical inquiry, and the application of the scientific knowledge base to practice. While we encourage efforts to do active, applied research in clinical practice, we also use scientific inquiry and research along with the development of data-based clinical judgment to strengthen practice in order to become skilled practitioners.

Doctoral internship training at Sarah Reed Children's Center requires interns to learn to bridge the skills needed to serve children, adolescents, and their families in multiple settings. The Director of Training in concern with the intern will make the final decision on the training site for each intern. Interns receive year-long training emphasizing the development of the following competencies:

1. Integration of research and practice
2. Applied research
3. Professionalism
4. Relationships and Systems
5. Diversity and Individual Differences
7. Trauma Informed Care
8. Providing Supervision
These competencies are developed in a manner consistent with our model and reflect the integration of diverse experiences with complex youth and their families. Training takes place at the following sites: (**Please Note: The internship will not be offering a public school placement for at least the 2019-2020 internship training year. School psychology students who choose to apply to our site and who are required or wish to have hours towards the NCSP, will need to be placed in the integrated partial hospitalization program if they are matched to Sarah Reed Children’s Center).

**Internship Training Sites**

- **Psychiatric Residential Treatment Program:** Two interns are assigned full-time at the Sarah Reed Psychiatric Residential Treatment Program (PRTF). The interns assigned to this site receive specialized training with children from 5-18 who have serious emotional and behavioral disorders and complex trauma. The interns receive supervised training in diagnostic assessment, individual child psychotherapy, family counseling/therapy and consultation, case conceptualization, trauma informed care (Sanctuary model), multi-disciplinary clinical consultation, crisis intervention, and research. In addition, the two interns will receive training and supervision in assessment and consultation.

- **Integrated Partial Hospitalization Program at the Hamilton Campus:** One intern will be assigned full-time to our Integrated Partial Hospitalization Program. The intern assigned to this site will receive specialized training with children (3-18 years). The intern will be able to work with children across partial hospitalization programs (e.g. Preschool, School-age, Adolescent, and Acute). The intern will receive training in intake and diagnostic assessment, conducting child psychotherapy, family counseling and consultation, group therapy, case conceptualization, classroom consultation, trauma informed care, multi-disciplinary clinical consultation, crisis intervention, and direct intervention and in-direct intervention overseeing our specialized RtI program.

- **Outpatient Psychological Assessment Clinic:** All three interns will receive supervised training in our psychological assessment clinic. Interns will be required to conduct clinical assessments in the form of Best Practice Medical Necessity Evaluations and formal psychological/psycho-educational evaluations.
Experiential Training Activities

There are eight key training activities an intern can be expected to be exposed to and gain experience in during their internship. These include:

1. **Psychotherapy:** Interns will be required to conduct psychotherapy on a regular basis with children/adolescents and their families selected on the basis of treatment objectives, special needs, intern interests, or pressing situational adjustment difficulties. Interns may also develop, participate, and conduct groups focused on a variety of issues. Parent education and family therapy are strongly encouraged and form the foundation of all interventions. Participating on multi-disciplinary teams and designing and implementing effective treatment interventions are an essential part of the intern's work with their clients. The interns will provide consultation to staff in the areas of child and adolescent behavior management, clinical issues, social skills development, and other identified areas. The intern may also provide on-going consultation to teachers and support staff in classroom management and educational programming.

2. **Psychological and Psycho-educational Evaluation/Clinical Assessment:** Interns will plan and conduct comprehensive psycho-educational and/or psychological assessments throughout the year. The evaluations will be conducted in our outpatient, partial and residential program. Interns will be expected to describe, conceptualize, organize, and plan assessments based on the identified needs of the client. Interns will be expected to administer cognitive, achievement, and social-emotional tests as part of the battery. Interns will also have an opportunity to expand their testing cases to develop and advanced assessment case.

3. **Clinical Interviewing and Diagnostic Assessment:** Interns will be given the opportunity to learn and conduct clinical interviews, develop their diagnostic skills, and write reports with treatment recommendations.

4. **Multi-disciplinary Consultation:** Interns will be a participating member of multi-disciplinary treatment teams. In this role, the intern will provide consultation to other team members regarding treatment, diagnosis, behavior management, and intervention. Interns will collaborate with individuals from many different clinical disciplines.

5. **Crisis Intervention:** Interns will be trained in Safe Crisis Management and will be expected to demonstrate skills in the area of crisis intervention. Interns are not expected to participate in any type of physical restraint during their training.

6. **Research:** Interns are required to develop and conduct a program evaluation oriented research project during their internship year. They may do so independently, with faculty, or with another intern. The requirement for research is very flexible and will be tailored to meet the interests of the intern when possible. Interns can spend up to 2 hours each week engaged in research. Past intern projects have typically focused on program efficacy, program development, treatment and program outcomes, and the development of
new treatment strategies. The specific project will be determined based upon the interns' interests and goals of the agency.

7. **Supervised Supervision:** Interns may have the opportunity to supervise masters level trainees in psycho-educational assessment, consultation, and behavioral interventions. Interns will be given supervision of their supervision.

8. **In-Service Training:** Interns will be required to conduct in-service didactic training for our agency training department.

**Training Methods**

1. **Experiential Practice**
   
   Sarah A. Reed Children's Center internship adheres to and emphasizes an experiential/practitioner oriented approach to training. The integration of clinical practice, which includes psychotherapy, assessment, and consultation, is achieved through direct clinical experience, supervision, role modeling, and mentorship by psychologists and other professionals who advocate for practice based on the scientific literature as well as best practice approaches, didactic instruction in seminar and supervision, and additional assigned reading materials.

   In order to accomplish the critical tasks of training interns to become competent professionals, we employ a variety of instruction and training processes. Interns will be able to gain direct clinical and assessment experience with children and adolescents across multiple settings. The interns will be exposed to children who are functioning at a variety of cognitive, emotional, social, and environmental levels. Direct experience will include individual psychotherapy, family counseling/therapy, group therapy, parent-child interactional therapy, parent management, psychological and/or psycho-educational assessment, functional behavioral assessments, and crisis intervention. Direct clinical experience is guided, processed, and integrated with information about best practices through supervision, didactic instruction in seminars and conferences, collateral consultation with a multidisciplinary team and their intern peers, in-service presentations on relevant topics, and by reading supplementary materials.

2. **Supervision**

   High quality, ethical, effective, and consistent supervision is the cornerstone of good practice. We believe that the best supervision is conducted in an atmosphere of mutual respect and trust. While each supervisor's style is different, a common thread throughout the supervision process is to enhance intern functioning by emphasizing best practices, utilization of evidence-supported interventions and encouraging the use of common factors underlying empirically supported relationships. While we recognize that supervision entails an evaluative component and is a hierarchical relationship, we strive to promote and maintain a collegial atmosphere. We expect our interns to be active participants in the supervisory dialog and process and open to constructive feedback on their work. Supervision may include case review, videotape, or live supervision. It is important for applicants to know that there may be times when a supervisor may elect to explore an intern's personal issues when the supervisor believes these issues are impacting
the therapeutic or supervisory process. The exploration of countertransference and transference dynamics is believed by some supervisors to be an integral aspect of good supervision. In addition to these issues, it is expected that interns will be able to discuss issues related to their unique cultural heritage and value system as it pertains to clinical practice, ethics, as well as other relevant practice areas. We strongly encourage interns to talk with each supervisor and establish an agreed upon protocol for these and other issues. In cases where differences exist, additional input and consultation can be sought from the Director of Training or another supervisor.

Each intern receives a minimum of four hours per week of supervision provided by doctoral level licensed psychologists. Interns will receive 2.5 hours each week of individual supervision focused solely on their residential therapy clients. Supervision of these cases is extremely thorough due to the intensity and complexity of each case. Each supervisor will follow and intern's case through discharge. Interns will also receive 1.5 hours of group supervision each week. Group supervision is used for didactic training, reflection on intern experiences, and clinical case presentations. Interns will also receive up to 1 hour of supervision each week in their respective school district placements. Outside of the formally scheduled supervision times, interns are able to access supervision as needed. A faculty psychologist is available at all times. Interns are also encouraged to seek out and obtain additional supervision from professionals in other disciplines and to interact with other school and clinical psychologists in the community.

3. **Role Modeling**
   We strongly believe that interns gain knowledge and skills for competent practice through regular exposure to experienced professionals doing their jobs. In keeping with this modeling approach, every effort will be made to have interns work with professionals from a variety of disciplines. This enables the intern to become exposed to the day to day processes of working within complex systems as part of a multidisciplinary team.

4. **Didactics:**
   Didactic training will be offered to complement the experiential and practical skill and competency development during the training year.

5. **Research**
   Interns are required to conduct an applied research

6. **Professional Development**
   There are opportunities for the intern to participate in professional development activities. Interns can attend regular meetings of the Northwest Pennsylvania Psychological Association (NWPPA), to attend professional presentations and to be involved in the organization at a level the intern desires. Past interns have also presented at NWPPA meetings and future interns are encouraged to do so as well. Sarah A. Reed Children's Center also conducts internal training available to all staff, including interns.
Doctoral Internship Faculty

A. Training/Supervisory Faculty:

Eric Schwartz, Psy.D. ABPP, Licensed Psychologist; Board Certified in Clinical Child and Adolescent Psychology; Vice President of Clinical Services and Director of Psychology Internship Training (Full Time). Dr. Schwartz has been the Director of Psychology Internship Training at Sarah Reed for more than 20 years. Dr. Schwartz is responsible for the day to day management of the internship and provides individual and group supervision. He has an interest in attachment, trauma, child psychotherapy, and organizational change.

Laura Amoscato, Ph.D., Licensed Psychologist and Assistant Director of Psychology Internship Training/Director of QA/QI (Full Time): Dr. Amoscato is the Assistant Director of Psychology Internship Training and the Director of our QA/QI program. Dr. Amoscato has worked extensively with children, adolescents, and families. She has experience in schools and in mental health settings. Dr. Amoscato will be supervising intern's clinical work as well as supervising intern consultation and research.

Brittany Hayden, Ph.D., Director of Community Clinical and Assessment Services; Licensed Psychologist and Certified School Psychologist (Full Time): Dr. Hayden currently provides clinical supervision for the intern at the integrated partial program and for all of the doctoral interns in psychological and psycho-educational assessments.

Lisa Schening, Ph.D., Licensed Psychologist (Full-Time): Dr. Schening is a staff psychologist in our outpatient behavioral health department. She conducts psychological evaluations, best practice medical necessity evaluations, and provides consultation to the agency’s Community and School Based Behavioral Health program. Dr. Schening will provide supervision to the doctoral interns in psychological assessment and best practice medical necessity evaluations (e.g. clinical interviewing and diagnostic assessment).

Anthony Bostaph, MA, Licensed Psychologist (Full-Time), and Director of Outpatient Behavioral Health Services: Mr. Bostaph will be the primary supervisor and trainer in clinical assessment (i.e. clinical interviewing, differential diagnosis, and treatment recommendations) in the form of Best Practice Medical Necessity Evaluations.

B. Adjunct Training Faculty:

Adrienne Dixon, Ph.D.: Associate Vice President of Residential Treatment and Community Support Services. Dr. Dixon has been at Sarah Reed for more than 25 years. Dr. Dixon provides adjunct supervision to the interns assigned to the Residential Program and leads the Family Systems Seminar.

Wilson J. Brown, Ph.D. Assistant Professor of Clinical Psychology, Pennsylvania State University, Behrend Campus: Dr. Wilson specializes in the treatment of individual with histories of trauma exposure. He conducts the Child Trauma Seminar
Jay Pashupathi, M.A.: Mr. Pashupathi is a full-time therapist in the Psychiatric Residential Treatment Program and leads the intern seminar in Cultural Competency.

Kirsten Brunner, DO, FAAP, FAPA, Medical Director, Board Certified Child and Adolescent Psychiatrist: Dr. Brunner meets monthly with the interns to discuss and consult on cases and provide didactic information on child and adolescent psychopharmacology.

C. Internship Advisory Council:

James Mando, President and CEO, Sarah A. Reed Children’s Center

Rob Freeman, CPA, Vice President of Finance and Operations, Sarah Reed Children’s Center

Mary Barr, Associate Vice President of Human Resources, Sarah A. Reed Children’s Center
**Supervision**

**Individual Supervision: (2.5 hours/week)-(Dr. Eric Schwartz, Dr. Laura Amoscato and Dr. Brittany Hayden):** Interns receive supervision by doctoral licensed psychologists.

**Psychological Assessment Supervision (1.5 hrs/wk): Dr. Brittany Hayden and Dr. Lisa Schening:** Interns participate in assessment supervision combining direct supervision of assessment activities integrated with didactic activities including assessment training, review of literature, case presentations, and scholarly inquiry emphasizing awareness of professional, ethical, legal, and clinical issues in the practice of psychological assessment.

**Clinical Assessment Supervision (1hr/week) Mr. Anthony Bostaph:** Clinical Assessment Supervision includes advanced training in clinical interviewing, differential diagnosis, and identification of appropriate treatment modalities. Interns will learn to conduct and complete Pennsylvania approved Best Practice Medical Necessity Evaluations.

**Consultation Supervision (1 hr/week): Dr. Laura Amoscato:** Dr. Amoscato will provide group supervision of intern consultation activities. This will include the Partial RfI supervision and the RTF unit consultation.

**Group Supervision (2 hours/wk): (Dr. Eric Schwartz and Dr. Laura Amoscato):** Group supervision is an opportunity for the interns to meet, discuss and present cases (regular discussion and formal case presentations), review articles, address interpersonal and systemic issues in the delivery of psychological services, engage in self-care activities, and provide a forum for managing the role of intern.

**Didactic Seminars**

**Cultural Competency Seminar (1.5 hours/month): (Mr. Jay Pashupathi, MA):** This seminar focuses on exploring a myriad of individual and group variables that influence the way in which services are provided and received. Specific attention is paid to working with clients of different ethnic, racial, cultural, and socioeconomic groups as well as exploring the interns' own cultural background as a backdrop for clinical work.

**Parent-Child Interaction Therapy Seminar (1.5 hours/month): Tracey Sampson, MA, LPC and Michael Bloeser, LCSW:** Interns will meet with PCIT trainers to become familiar with the research, practice, and implementation of Parent-Child Interaction Therapy.

**Child Trauma Seminar (1.25 hours/month): (Dr. Wilson Brown):** This seminar focuses on didactic and experiential training in working with children who have been traumatized. There will be opportunities for discussion, review of the literature, presentations, and video-tape consultation.

**Family Systems Seminar (1.5 hours/month): (Dr. Adrienne Dixon)**
The interns will meet with Dr. Dixon and become familiar with and responsive to the various ways in which working with children can involve families.
Internship Admissions, Support, and Initial Placement Data

Our training program looks to match with doctoral students seeking an internship training experience that emphasizes broad professional practice with children and adolescents who have histories of trauma and persistent emotional and behavioral disorders. Children are seen in clinical and alternative school settings.

The following bullets are information for applicants to consider when applying to our site.

- **Application Due Date: Sunday, November 11, 2018.**
- Positions: Three internship positions are available for 2019-2020.
- Two Tracks in the APPIC Match
  - 165911-Psychology Internship-Residential Treatment (2 positions)
  - 165912-Psychology Internship-Partial Hospitalization (1)
- Interns may apply to one or both tracks.
- Annual Stipend: Interns will receive an annual stipend of $24,582 dollars.

A. **Specific Requirements**
We require students to have documented training at the doctoral level in the following areas:

1) Training in Child and/or adolescent psychotherapy/counseling
2) Training in Psychological and/or psycho-educational assessment

B. **Minimum Expectations for Application Review**
Sarah Reed Children’s Center participates in and abides by all APPIC match policies. All matches to the internship training program occur in the context of the APPIC match process. When deciding if the Sarah Reed Children’s Center internship training program is right for you, please consider the following information. All applicants to our program will need to have completed all required graduate coursework in an APA accredited doctoral program in psychology by the time internship begins. We will give full consideration to applicants from APA-approved programs in Clinical Child, School, Clinical or Counseling or Combined Psychology programs.

C. **Contact Hours**

<table>
<thead>
<tr>
<th>Specific and separate requirements for “Direct Contact Intervention hrs. and Assessment hrs.</th>
<th>NO. The total # of hours must be at least 500.</th>
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<tbody>
<tr>
<td>We require the following to review an application</td>
<td>Total Direct Intervention and Assessment hours must &gt;500 with children and adolescents</td>
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<tr>
<td>Within the 500 total hours, interns must have the following (Minimum):</td>
<td>50 hours of Face to Face individual therapy or counseling experience.</td>
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<td>At least 25 hours face to face experience with children or adolescents.</td>
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<tr>
<td>Family Therapy or Counseling</td>
<td>• Coursework, training, or experience in family counseling or therapy is highly desirable.</td>
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<td>-------------------------------</td>
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<tr>
<td>Group Counseling or Therapy</td>
<td>• Highly Desirable</td>
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**D. Other Minimum Criteria:**

1) **A master’s degree is required**
2) Coursework or training or experience in family counseling or therapy is required and must be documented in the applicant’s cover letter and on the AAPI.
3) Group counseling or therapy experience is highly desirable.
4) At least one letter of recommendation must be from a supervisor who directly supervised the applicant in assessment and can attest to the intern’s competency in this area.

**E. Benefits**

<table>
<thead>
<tr>
<th>Annual Stipend/Salary for Full-time Interns: 2019-2020</th>
<th>$24,582.00</th>
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<tbody>
<tr>
<td>Access to Medical Insurance:</td>
<td>YES</td>
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| Trainee Contribution to cost required                  | YES        |
| Coverage of family member(s) available                | YES        |
| Coverage of legally married partner available         | YES        |
| Coverage of domestic partner available                | NO         |

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<tr>
<th>Hours of Annual Paid Personal Time-Off (Holiday + Vacation):</th>
<th>128 hours</th>
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<tr>
<td>Hours of Annual Paid Sick Leave:</td>
<td>56 hours</td>
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In the event of a medical condition and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns in excess of personal time off and sick leave? **YES**

**Time Off:**

- 7 days of paid vacation (56 Hours)
- 9 days of paid holiday (72 Hours)
- 7 days of paid sick leave (56 Hours)
- Extended Leave: Reasonable attempts will be made to make accommodations for unpaid leave in circumstances which are in excess of vacation and sick leave.
- Professional Development: Interns may take up to 2 professional development days.
- Malpractice Insurance: Agency provides malpractice insurance

**Other Benefits:** Medical and Dental benefits are available to the intern at a reasonable cost. Benefits, if taken, will typically begin the first day of the month following the beginning of internship. A written letter of acceptance indicating stipend, benefits, vacation and holiday leave, and other details of training is provided to candidates offered internship.
For its part, Sarah Reed Children's Center will provide the doctoral intern with a 12 month, 2000 hour, internship training program. The primary goal of this program is to foster and nurture the development of an ethical, responsible, and competent psychologist who holds the values of reflective practice and disciplined scientific inquiry in professional practice of psychology. Sarah Reed Children's Center will provide the necessary opportunities, resources (including clerical support from office staff and technical support from IT), supervision, support, and training to ensure that the doctoral intern can effectively carry out her/his responsibilities as outlined. The intern, once matched through the APPIC Match Process, is assigned to either the Sarah Reed Children's Center Psychiatric Residential Treatment Program or the Sarah Reed Children's Center Integrated Partial Hospitalization Program at the Hamilton Campus. This assignment is made in conjunction with the intern after the match.

The Vice President of Clinical Services/Director of Psychology Internship Training is responsible for the overall integrity, quality, and implementation of the internship program. Pennsylvania licensed psychologists and/or certified school psychologists provide internship supervision. Other senior staff members at the agency as well as community resources are provided to the interns in order to enhance their experiences in a multi-disciplinary setting.

General Time Commitment:
This is an intensive full-time, one year internship training program. The typical workday is 8:30-4:30 pm. However, the nature of training may require that interns' work-day extend beyond these hours and may include work on weekends. All interns can expect to spend approximately 25-30% of her/his time conducting psychotherapy, 20-25% in assessment, 20% in consultation, 5% in research, and 20% in supervision and didactic activities

General and Broad Incoming Intern Expectations:

- Completed at least 500 hours of combined training in assessment and intervention.
- Completed at least 50 hours of direct psychotherapy/counseling (must have at least 25 hours of individual with children and families.
- Completed at least 15 integrated reports (at least 10 must be child and adolescent)
- Practicum experiences working with children, adolescents, and families.
- Basic foundation in developmental psychology and psychopathology
- Understand ethical issues and their application to professional practice
- Have general knowledge of jurisprudence pertaining to psychological practice
- Have exposure/knowledge of psychiatric diagnosis and nosology
- Have exposure/training in basic interviewing
- Familiar with a range of interventions including evidence-based practice.
- Have basic professional communication skills
- Training, coursework or experience in group counseling
- Have experience in consultation and working with multidisciplinary teams
- Understand program evaluation, research design, and statistics
- General exposure to children with emotional and behavioral problems and trauma
- Coursework, training, or experience in family counseling or therapy.
- Exposure to different systems of care, in schools and mental health settings
- Exposure/Training in the integration of theory, research and clinical practice including
evidence-based practice and trauma informed care.

- Demonstrate sensitivity, responsiveness, respect and appreciation of cultural diversity and understanding of the impact of one’s own culture on diagnostic and therapeutic processes and to support their development as culturally competent professionals.

**Key characteristics of successful interns:**

- **Students** who desire to continue to develop their skills in psychotherapy, assessment, crisis intervention, and consultation.
- **Students** who have completed at least three years of practicum/field placement experience including direct experience/practicum in assessment child and adolescent therapy/counseling, and diagnostic and treatment methods.
- **Students** who have experience working in schools or school-based mental health settings.
- **Students** who have experience and/or training working with multi-problem families.
- **Students** who have interest and experience with children with serious emotional and behavioral disorders as well as trauma and abuse.

**Previous Intern Doctoral Programs**

- University of Kentucky (School Psychology)
- James Madison University (Combined Program)
- University of North Carolina (School Psychology)
- University of South Carolina (School Psychology)
- University of Iowa (School Psychology)
- Gannon University (Counseling Psychology)
- University of Florida (School Psychology)
- Teachers College at Columbia University (School Psychology)
- University of Northern Colorado (School Psychology)
- The Fielding Institute (Clinical Psychology)
- Argosy University (Clinical Psychology Program)
- Oklahoma State University (School Psychology Program)
- University of Texas-Austin (School Psychology)
- SUNY at Buffalo (Combined Counseling and School Psychology program)
- State University of NY at Albany (School Psychology)
- Texas A & M (School Psychology)
- Ball State (School Psychology)
- University of Indiana (School Psychology)
- Michigan State (School Psychology)
- Georgia State University (School Psychology)
- Duquesne (School Psychology)
- Alfred University (School Psychology)
- Texas Women's University (School Psychology)
- University of Nebraska-Lincoln (School Psychology)
- Temple University (School Psychology)
- Louisiana State University (School Psychology)
- University of California Santa Barbara (Combined School/Clinical/Counseling)
  - 2018-2019:
    - Adler University (Clinical Psychology)
    - University of Wisconsin-Milwaukee (School Psychology)
    - James Madison University (Combined School/Counseling).
**Post Internship Employment:**
Our interns have been very successful at securing employment and post-doctoral work upon completing their internship. While many have moved on to school district positions, we have students who have gone on to academia, mental health settings, and formal Post-doctoral training positions. The current interns, who completed their training on July 28, 2017, have all secured post-internship employment. Two will be employed in post-doctoral settings and one is moving into an academic teaching position with additional clinical responsibilities.

**Initial Post-Internship Positions**

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<tr>
<th>Setting</th>
<th>PD</th>
<th>EP</th>
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<td>Community Mental Health Center</td>
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<td>2</td>
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<tr>
<td>Academic University/Department</td>
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<table>
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<tr>
<th>School District/System</th>
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<table>
<thead>
<tr>
<th>Independent practice setting</th>
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<tbody>
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<td>0</td>
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<table>
<thead>
<tr>
<th>Not currently employed</th>
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<table>
<thead>
<tr>
<th>Other (Private, non-profit mental health agency)</th>
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Application

1) Minimum Application Criteria:
   • Applicants must have a minimum of **500** combined AAPI Direct Contact Intervention and Assessment hours at the doctoral level.

   • Applicants must have at least **50 hours** of direct face to face psychotherapy and/or counseling experience.
     - At least twenty-five (25) of those hours must be dedicated to direct, face to face experience conducting individual therapy or counseling with children or adolescents.
     - The other twenty-five can include group work with children and/or adolescents.

   • Applicant should have at least **15** integrated reports with at least 10 being child and adolescent reports. **If 15 batteries are not indicated, discretion for further review will be up to the Training Director.**

   • A master’s degree (**Required**)

   • Coursework, training, or experience in family counseling or therapy is highly desirable and must be documented in the applicants cover letter and AAPI

   • Group counseling or therapy experience with children and/or adolescents is highly desirable

   • Supplementary Materials- Required (See below)

2) School Psychology Students:
   Students from doctoral programs in school psychology, who are considering applying to our site, are looking to gain training in a broader range of clinically oriented services and to move beyond narrowly defined roles. For example, we find that school psychology students who want to blend their previous training in school psychological services with more non-traditional clinical experiences do well in our training program. Think of yourself more as a "Psychologist" who may eventually choose to work in the schools or in mental health settings as opposed to a School Psychologist who only works in schools. **We require students to have a master’s degree.**

   **(Please Note: Due to recent changes in our local school district, we will not have a placement in the public schools for at least the 2019-2020 training year. **)**

3) Clinical/Clinical Child/Counseling Students:
   For students applying to Sarah Reed from doctoral programs in clinical child, clinical, counseling or combined programs, your AAPI should document supervised training and/or experience providing therapy and/or counseling to children, adolescents, and families as well as psychological and/or psycho-educational assessment experience. **We require students to have a master’s degree.**
Application Process

The Internship utilizes a three-part selection process.

- Application materials from eligible candidates are reviewed and evaluated by the Director of Psychology Internship Training.
- Applications meeting minimum criteria are assigned to a second faculty member for review.
- Once reviewed by the Director of Training and a second faculty member, selected applicants will then be invited for a formal interview.
- In-person interviews are highly recommended however, in some limited situations, we will allow phone interviews.
- Finally applicants are ranked in terms of their overall compatibility to our program and assigned to the Match Rank Order List.

The match between the applicant's training and career goals and the internship's training goals and orientation is a primary consideration. In accordance with APPIC guidelines, applicants who are no longer under serious consideration may be notified as soon as possible in the selection process but no later than ten days prior to the Rank Order List submission deadline.

All Applicants: Please complete the following documents per the APPIC Instructions:

- Current APPIC Application (Online-AAPI)
- Current Resume (Submit On-line)
- Official graduate transcripts (Submit on-line)
- Three letters of recommendation from supervisors and faculty knowledgeable about their academic and clinical work (Submit On-line). At least one letter from a supervisor attesting to the applicants skills, knowledge, and competency in psychological and/or psycho-educational assessment.

Required Supplementary Materials: All supplemental materials must be submitted through APPIC on-line.

- Child/Adolescent Psychological or Psycho-educational Assessment: A copy of a redacted psychological or psycho-educational evaluation of a child. This must include standardized cognitive and if possible, achievement testing. It is preferable that the report include the name and, if possible, the signature of the supervising psychologist. (Submit On-line)

- Child/Adolescent Clinical Treatment Case Conceptualization: This summary document should reflect your theoretical conceptualization of a clinical treatment case in counseling or therapy with a child and if possible, with the child's family. The summary must demonstrate the intern's ability to conceptualize a case involving a child. Please make sure all identifying information is redacted to protect the client's confidentiality. The report must include the name and if possible the signature of the supervising psychologist. (Submit on-line).
  
  - Format of Clinical Treatment Case Conceptualization
a. Fully redacted clinical treatment case conceptualization of a child or adolescent less than 18 years of age. A summary of a person over 18 will not be accepted.

b. The submission must be no longer than 6 pages (12 point font)

c. The summary must include the following domains:
   i. Reason for Referral
   ii. Symptoms/behaviors: Primary area(s) of concern
   iii. Precipitating stressors
   iv. Risk and protective factors
   v. Relevant background/family information and predisposing life events
   vi. Assessment data (any testing data)
   vii. Conceptualization from a theoretical perspective of your choice discussing the hypothesized etiology of the primary concerns of the child’s presenting problems.
   viii. Differential Diagnosis (DSM V)
   ix. Clinical Treatment Process Summary:
      1. Describe the process and outcomes of treatment including interventions used, therapeutic strategies and modalities employed.
      2. Identify any literature and document any specific evidence-based practice used in the course of treatment.
      3. Describe the termination or discharge plan

Application Deadline and Tentative Interview Schedule:

• Application Deadline: Sunday, November 11, 2018.

• Interview Notification: Every attempt will be made to inform applicants invited to interview on or before November 21, 2018.

• Tentative Interview Dates: Interviews are tentatively scheduled for 12/13/18 and 12/20/2018; 1/4/19, 1/10/19, 1/17/19 or 1/25/19 and possibly 1/18/18.

Sarah A. Reed Children’s Center is an equal opportunity employer. We strive to create an environment that embraces and celebrates diversity. We strongly encourage individuals from diverse backgrounds to apply. If you have any additional questions, please contact:

Eric Schwartz, Psy.D., ABPP
Vice President-Clinical Services and Director of Psychology Internship Training
Sarah A. Reed Children’s Center
2445 West 34th Street
Erie, Pennsylvania 16506 (eschwartz@sarahreed.org)

Accredited by the American Psychological Association 750 First Street NE Washington, D.C., 20002-4242: Commission on Accreditation: (202) 336-5979 (www.apa.org)

Member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) 10 G Street, NE, Suite 750Washington, D.C. 20002: (202) 589-0600
Sarah Reed Children's Center Human Resource Requirements

Psychology interns are accepted according to all APPIC Match policies. In addition, the internship placement is contingent upon an applicant satisfying certain other eligibility requirements. An intern applicant accepted through the APPIC Match Process must, prior to beginning internship have completed the following:

• Employee Biographic Information Sheet
• I-9 Immigration Form (if applicable)
• Personnel Confidentiality Statement
• Waiver and Release of Liability
• W-4 Form
• Occupational Privilege Tax Form
• Additional Driver Questionnaire
• Pennsylvania Child Abuse History Clearances
• Child Abuse Policy and Acknowledgement Form
• FBI Background Check
• Pennsylvania Criminal History Checks
• ChildLine Background Check
• Act 80 Disclosure Statements
• Job Descriptions (1 for signature/personnel file & 1 for retention by employee)
• Physical Examination Appointment Scheduled
• Agency Orientation Scheduled
• Employment Acknowledgment
• Worker’s Compensation Acknowledgment
• Drug Testing Consent

To do all this before the APPIC Match with 30-50 applicants would be logistically prohibitive, and could not be done in time to submit rankings. Thus, each applicant must be aware of these policies and procedures prior to submitting an application to us. Once matched with us, you will be asked to satisfy these and any remaining eligibility requirements and complete the hiring process. If you “fail” the child abuse, criminal, drug testing, or FBI clearances, you may not be permitted to do your internship with us, even though matched to our program, and might also therefore be excluded from the possibility of going elsewhere for the year. In addition, any misrepresentation, misstatement, omission, or distortion about your training, credentials, readiness for internship, professional competence, character, legal, or ethical history may be cause for immediate deselection, dismissal, or termination from the program.

Please Note: Applicants should clearly understand that in addition to the APPIC Match Policies, the selected intern must also meet specific requirements established by Sarah Reed Children's Center for any and all individuals employed by the agency (See below). These include: a drug screen, criminal background checks, and child abuse clearances. An offer to intern with the agency is specifically conditioned on the prospective intern’s successfully
passing these checks. Sarah Reed Children's Center will pay the cost of any initial drug and alcohol testing that it requires. Additional tests the prospective employee requests will be paid for by the prospective employee.

Furthermore, any candidate who has not been a resident in the state of Pennsylvania for at least a year preceding their hire date will be required to obtain a Federal Bureau of Investigation Criminal Background Check. This includes a fingerprint card FD-258 with ORI PA920980Z Dept. of Public Welfare, Harrisburg, PA (obtained from HR and completed at a local or state police department) and a money order or cashier's check in the amount of $24.00 made payable to the Commonwealth of Pennsylvania. The HR department or applicant will forward this to The Department of Public Welfare ChildLine & Abuse Registry Criminal Verification Unit, P.O. Box 8053, Harrisburg, Pa., 17105-8053.

All prospective employees and interns will be notified by the Human Resources Department of the requirement to obtain both Child Abuse and Criminal History Clearances prior to employment with Sarah Reed Children's Center and their obligation to disclose future occurrences. The Children's Center will accept originals of clearances processed within one year of employment. Child Abuse Check Form CY113, "Application for Child Abuse History," must be used to request a child abuse background check and is available through the HR Department. The form will be submitted by HR to the Child-line and Abuse Registry, P.O. Box 8170, Harrisburg, PA 17105-8170. A money order made payable to the Pennsylvania Department of Welfare (provided by the employee or intern) must accompany the application.

Criminal History Check: Each prospective intern or employee will be required to complete a Criminal History Request Form which will be submitted by the Children's Center to process the Act 34 check electronically. The on-line processing fee for this service is $10.00 and will be paid by the candidate in the form of cash or money order. Act 80 Disclosure Statement: Prospective employees who complete this form are able to be hired on a provisional basis for thirty days (ninety days for out-of-state residents). All new employees, regardless of status of their clearance application or original form verification, must complete an Act 80 form. Copies of completed requests for clearances and checks must accompany written attestations that the newly hired employee's criminal check and child abuse clearance will not reflect a founded report of child abuse or conviction of one or more of the following offenses within the last five years: Criminal Homicide, Aggravated Assault, Stalking, Kidnapping, Unlawful Restraint, Rape Statutory Sexual Assault, Involuntary Deviate Sexual Intercourse, Sexual Assault, Aggravated Indecent Assault, Indecent Assault, Indecent Exposure, Incest, Concealing Death of Child Endangering Welfare of Children, Dealing in Infant Children, Prostitution and Related Offences, Relating to Obscene and Other Sexual, Corruption of Minors, Materials and Performance, Sexual Abuse of Children, or an equivalent crime under federal law or the law of another state. If the processed reports reflect any of the aforementioned offenses, the employee may not provide direct care, nor supervise employees who provide direct care, for children/adolescents. During the provisional period, Act 80 mandates that the employee must be within the eyesight of a permanent employee who has secured the requisite clearance and check. In addition, if the clearance/check is not received before the provisional period expires the employee may not continue to work with children/adolescents in any capacity. A process for challenging the results
of either the FBI clearance or child abuse clearance is outlined in the "Child Abuse and Criminal Record Clearances and Disclosures" policy.

**Internship Manual**

Once interns are matched to our site, you will be asked to carefully read the intern manual. In this manual, you will find information that will be helpful to you in successfully completing your internship at Sarah Reed Children's Center. Included in this manual are the goals and objectives as well as competencies addressed by the internship training program. When internship begins you will be required to sign a statement which acknowledges that you have read, understand, and are willing to fully adhere to and uphold the policies, practices, and protocols of Sarah Reed Children's Center and Sarah Reed Children's Center Doctoral Internship in Health Services Psychology.

**Links**

[Association of Psychology Postdoctoral and Internship Centers](#)